

Curriculum Vitae

Harry J. Zeit, MD

July 29th, 2019

1982: Graduated University of Toronto Medical School.

1982-83: Rotating Internship St. Joseph's Health Centre, Toronto, Ontario.

1983-2005: Staff Emergency Physician at Cambridge Memorial Hospital, Cambridge, Ontario.

1989-2000: Staff Emergency Physician at St. Joseph's Health Centre, Toronto, Ontario.

1990: American Board Certified in Emergency Medicine (Diplomate of the American Board of Emergency Medicine or D.A.B.E.M.). Fellowship Exams in Chicago, Illinois.

1985-2005: Membership in the Canadian Association of Emergency Physicians (CAEP) including a three year period as member of the Standards Committee, and several publications in the Canadian Journal of Emergency Medicine.

2005: Begin work as a physician psychotherapist at The Medical Clinic for Person Centered Psychotherapy, Toronto, Ontario.

2006: Official Change of Scope of Practice to full-time Medical Psychotherapy granted by The College of Physicians and Surgeons of Ontario.

2011: Granted Certificant Status (CGPP) by the General Practice Psychotherapy Association of Canada (GPPA).

2005 to present: Membership in the GPPA including membership on the conference committee and several articles published in the official publication. This organization changed names to the MD Psychotherapy Association of Canada in 2016.

2008 to present: Training in Sensorimotor Psychotherapy (through the Sensorimotor Institute in Boulder, Colorado). Graduated Level One (Training for Trauma) in June 2008. Graduated Level Two (Attachment, Development and Trauma) in February, 2010. Achieved Certificant Status after completing Level Three in April, 2013.

March 2011 to March 2017 : Education Chairman and Board Member of the Ontario Medical Association Section in GP Psychotherapy. Duties included teaching and arranging various educational initiatives for physicians. These programs included an emphasis on the treatment of post-traumatic stress disorder and providing trauma-informed care for all patients.

2008 to present: Offering lectures and seminars for GP Psychotherapists, Psychiatrists and Family Physicians since 2008. This includes the *Caring for Self while Caring for Others* Series, run for physicians and mental health clinicians and offered through the Ontario Medical Association. This series is ongoing. I also teach occasionally at medical and psychotherapy conferences, primarily on the themes of trauma, psychotherapy skills, mind/body medicine and burnout/self-care.

2015 to 2018: Together with Amy Alexander MD, I have co-facilitated an annual McMaster University sponsored five-day workshop on the management of PTSD.

2012 to 2013: Member of the European Society for Trauma and Dissociation. Attended Five Annual Conferences run by either European or International Society for Trauma and Dissociation between 2010 and 2016 (ESTD/ISSTD).

2015 to 2017: Member of Dissociation Study Group at Mount Sinai Hospital Toronto

2014 to 2018: teaching assistant in Sensorimotor Psychotherapy Institute level one and two training programs run at Ryerson University.

2016: Completed Level One training in the Comprehensive Resource Model. Lennox, Massachusetts.

2017: Co-Facilitated a three-hour workshop entitled "A Trauma Focused Approach to Group Psychotherapy with Pat Woods, R.N., a member of the trauma therapy program at Women's College Hospital. Presented at the annual Canadian Group Psychotherapy Association Conference in Halifax, Nova Scotia.

2018-2019: Membership and involvement in the International Society for the Study of Trauma and Dissociation (ISSTD). Attended the annual conference in Chicago in 2018.

2018-2019: Involvement on the organizing committee of the MD Psychotherapy Association Core Skills Training Committee. Co-Facilitating two of five modules: Module 2 (Therapeutic Presence and Providing Patient Safety, with Robin Beardsley MD) and Module 4 (Trauma, Self-Care and Burnout Prevention, with Amy Alexander MD)

2018: Recipient of the Theratree Award (<https://www.mdpac.ca/theratree-award.html>)

2018: Invited to present a lecture on trauma and trauma-informed care at McMaster University medical school. Presented in September 2018

2019: I continue to maintain an active individual and group therapy private practice, with a focus on providing trauma therapy and trauma-informed care.